

# 31. Pori summer camp Porin Kendoseura June 16-19, 2022

Note: The info is preliminary. Latest info on Facebook Event: <https://www.facebook.com/events/342048174458652>

Main teachers at the traditional summer camp in Pori are Claude Pruvost (France) with the top Finnish and Swedish teachers. The camp is open to all kendo and sports chanbara trainees. Beginners without bogu can join all exercises. Sports chanbara exercises are also suitable for all levels. Come along and pick up training tips for the rest of the year with you!

## Teachers

Kendo:

Claude Pruvost (FR)	7.dan kyoshi
Mats Wahlqvist (SWE)	7.dan kyoshi
Markus Frey (FIN)	7.dan kyoshi
Mikko Salonen (FIN)	7.dan kyoshi
Kari Ruuhilahti (FIN)	7.dan kyoshi
Nils Bjorkegard (SWE)	7.dan rensi

as well as Finnish 6.dan teachers

Sports Chanbara;

Vesa Harell (FIN)	2. dan
Emmanuel Simon-Bellamy (FIN)	

## Program

See attachment 1.

## Graduations

Kyu and dan graduations will be organized:

kendo	<b>1.dan - 5.dan</b>
kendo	<b>6.kyu - 1.kyu</b>
sports chanbara	<b>6.kyu - 1.kyu</b>

Graduation fees according to Finnish Kendo Association / EKF can be found in the graduation registration forms.

## Registration

Registration for the camp opens soon! The link will be published on Facebook Event for the camp: <https://www.facebook.com/events/342048174458652>

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## Camp site

Porin Urheilutalo (Sports Hall): Kuninkaanhaanaukio 12, 28130 Pori.

<https://goo.gl/maps/xCLvoMueeTDbCttC8>

## Camp fees

Entire camp (Thu-Sun):	70 €	
One day (Fri, Sat, Sun):	35 € / day	(Thursday practice is free)
Juniors' guardians (Thu-Sun):	15 €	(only if accommodation at dojo)

Dojo accommodation at PoriDojo and Saturday beach sauna in Yyteri are included in camp fees. Meals or Saturday activities at Adventure Park Huikee are not included.

## Payments

Camp fee is paid to the camp office on arrival at the Porin Urheilutalo (Sports Hall). The preferred method of payment is Mobilepay but cash is also accepted.

Meals and Huikee's activities are at your own expense and those are paid for on site separately.

## Accommodation

Dojo amenities include sprung wood floors or tatami, so bring your own lodging gear. There is a fridge and microwave, as well as kettles and coffee makers. Men's and women's saunas are available. Poridojo: Satakunnankatu 32, 28130 Pori. <https://goo.gl/maps/MEgikGWqwFyWa1ov5>

As an affordable alternative to the dojo accommodation, Pori kendo club has negotiated special prices with **Original Sokos Hotel Vaakuna** which is in the center of Pori, about 20 minutes walking (1,5 km) from both the Urheilutalo and PoriDojo.

Original Sokos Hotel Vaakuna promotional prices:

single room	76 €/night
double room	86 €/night (43 €/person)
triple room	96 €/night (32 €/person)
room upgrade -> superior room	+20 €

Room prices include a top-class breakfast. When booking rooms, mention the code "BKENDOSEURA". Optional lunch in Amarillo and Rosso restaurants start from 11,30 €.

Original Sokos Hotel Vaakuna, Pori, Gallen-Kallelankatu 7, 28100 Pori.

Tel. +358 29 0042001 sokoshotels.fi

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## **Dining**

Pori kendo club does not organize any camp meals and they are not included in the camp fees. However, there are lunch places near the camp site. For guests staying in Hotel Vaakuna breakfast is included in the room price.

On Friday and Saturday evenings you can barbeque your own food and snacks at Poridojo and Yyteri.

## **Active afternoon in Yyteri**

Yyteri Beach and Adventure Park Huikee on Saturday from 14:00 to 21:00.

On Saturday, an active afternoon will be held in Yyteri! According to the guided sports and stair trainings, it is possible to learn from the diverse sports and outdoor opportunities in the dune area. Beach sauna and a barbecue are reserved for a nice evening.

More information:

<https://seikkailupuistohuikee.fi/>

<https://yyteribeach.fi/majoitus/rantasauna/>

Restaurant Dyyni's price list: <https://dyyniyyteri.fi/#ruokalista>

Adventure park Huikee's price list: <https://seikkailupuistohuikee.fi/hinnasto>

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## Covid-19

A person should not participate the camp if there are any symptoms suggestive of the disease. If a person living in the same household has had symptoms of a respiratory infection or has contracted a respiratory infection just prior to camp, it is recommended to not participate.

Please check on possible changes on restrictions for entering Finland:

<https://um.fi/entering-finland-and-travelling-abroad>

Any questions about details can be asked by e-mail: [info@daikumakenkai.fi](mailto:info@daikumakenkai.fi)

Also follow the Pori kendo club's Facebook page: <https://www.facebook.com/PorinKendoseura>

## **Warm welcome to the camp!**

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## Attachment 1. The camp program

NOTES	ACTIVITY	NOTES
<p><b>Thursday</b> <b>16/06/2022</b></p> <p>Contact person: Kari Ruuhilahti +358504116032</p> <p>Address of the senseis' sauna: Isokaari 11,29600 Noormarkku</p>	<p>18.00 Pori summer camp at Pori Urheilutalo (The doors open)</p> <p><b><u>KENDO</u></b></p> <p>19.00-20.00 ji-geiko</p> <p><b><u>SPORTS CHANBARA</u></b></p> <p>19.00-20.00 datotsu</p> <p>20.30 (For Sensei) Pori summer camp planning meeting, sauna and dinner in Noormarkku</p>	<p>With: Claude Pruvost, Markus Frey, Mikko Salonen, Kari Ruuhilahti, 6.dan group</p> <p>With: Vesa Harell, Emmanuel Simon-Bellamy</p>
<p><b>Friday</b> <b>17/06/2022</b></p> <p>Participants accommodation: PoriDojo, Hapkido dojo and Karate dojo ( Karate &amp; Hapkido halls accommodation at 19.00 &gt;&gt;)</p> <p>Address of the accommodation: Satakunnankatu 32, 28130 Pori</p> <p>PoriDojo host: Tuomas Kallio +358 41 4784371</p>	<p>09.30 Pori summer camp at Pori Urheilutalo (The doors open)</p> <p><b><u>KENDO</u></b></p> <p>10.00-12.30 opening ceremony + keiko 13.00-15.00 lunchbreak 15.00-15.30 kendo kata demonstration 15.30-17.15 keiko 17.15 -17.45 SC demonstration 17.45-18.30 ji-geiko 19.30 &gt;&gt; barbeque evening (at PoriDojo)</p> <p><b><u>SPORTS CHANBARA</u></b></p> <p>10.00-12.30 opening ceremony + keiko 13.00-15.00 lunchbreak 15.00-15.30 kendo kata demonstration 15.30-17.15 keiko 17.15 -17.45 SC demonstration 17.45-18.30 keiko 19.30 &gt;&gt; barbeque evening (at PoriDojo)</p>	<p>With: Claude Pruvost, Mats Wahlqvist, Markus Frey, Mikko Salonen, Kari Ruuhilahti, Nils Bjorkegard, 6.dan group</p> <p>With: Vesa Harell, Emmanuel Simon-Bellamy</p>

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<p><b>Saturday 18/06/2022</b></p> <p>Participants accommodation in: PoriDojo, Hapkido dojo and Karate dojo</p> <p>Address of the accommodation: Satakunnankatu 32, 28130 Pori</p> <p>PoriDojo host: Tuomas Kallio +358 41 4784371</p>	<p>09.30 Pori summer camp at Pori Urheilutalo (The doors open)</p> <p><b><u>KENDO</u></b></p> <p>10.00-13.00 keiko 13.00-15.00 lunchbreak 15.00-21.00 Yyteri activity *</p> <ul style="list-style-type: none"><li>• Kendo katakeiko&gt;&gt; outfit free</li><li>• "Stairs of Yyteri Beach "</li><li>• sauna/swimming</li></ul> <p>( all activities are free optional )</p> <p><b><u>SPORTS CHANBARA</u></b></p> <p>10.00-12.30 keiko 13.00-14.00 lunchbreak 14.00-15.00 graduations 6-1 kyu 15.00-21.00 Yyteri activity *</p> <ul style="list-style-type: none"><li>• keiko Yyteri beach &gt;&gt; outfit free</li><li>• "Stairs of Yyteri Beach"</li><li>• sauna/swimming</li></ul> <p>( all activities are free optional )</p>	<p>With: Claude Pruvost, Mats Wahlqvist, Markus Frey, Mikko Salonen, Kari Ruuhilahti, Nils Bjorkegard, 6.dan group</p> <p>*= weather permitting</p> <p>Take to Yyteri with you: bokken + kodachi -sauna and swimming equipment</p> <p>Stairs training equipment: running shoes and weather suitable suit + drinking bottle</p> <p>With: Vesa Harell, Emmanuel Simon-Bellamy</p> <p>*= weather permitting</p> <p>Take to Yyteri with you: -kodachi -sauna and swimming equipment</p> <p>Stairs training equipment: running shoes and weather suitable suit + drinking bottle</p>
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<b>Sunday</b> <b>19/06/2022</b>  ( Karate & Hapkido halls accommodation end at 10.00)	09.30 Pori summer camp at Pori Urheilutalo (The doors open)  <b><u>KENDO</u></b> 10.00-12.00 keiko 12.00-12.30 closing ceremony 12.45- 16.00 graduations 6-1 kyu /1-5 dan  <b><u>SPORTS CHANBARA</u></b> 10.00-12.00 keiko 12.00-12.30 closing ceremony	With: Claude Pruvost, Mats Wahlqvist, Markus Frey, Mikko Salonen, Kari Ruuhilahti, Nils Bjorkegard, 6.dan group  With: Vesa Harell, Emmanuel Simon-Bellamy
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## NOTES

- “Stairs of Yyteri Beach” is not an interval workout, it is a light exercise suitable for everyone
- Kata practice in Yyteri >> suit is “free choice”

## **OTHER ACTIVITIES IN YYTERI**

- tour in nature <https://www.visityyteri.fi/palvelut/yyterin-retkeilyreitit/>
- Adventure Park Huikee's wide range of activities
- Laziness and enjoyment